

Scale of Independent Growth

Today's Date: _____

Name: _____

Instructions: The following are areas in which the student may be receiving assistance. For each item indicate the level of independence the student has demonstrated over the past 2 months.

	Always	Most of the Time	Sometimes	Rarely	Never
Sleep:					
Independently goes to bed at appropriate time.					
Independently wakes up and gets up on time.					

Money Management:					
Can create a workable budget for personal expenses.					
Can manage daily personal expenses within a budget.					
Can independently balance a checkbook.					

Nutrition:					
Can prepare simple breakfast, lunch and snacks.					
Independently makes good food choices.					
Independently schedules meals appropriately.					

Time Management:					
Appropriately limits use of electronic media (computer, TV, games, cell phone).					
Independently schedules time for homework and follows through.					
Independently keeps track of daily assignments.					
Independently plans steps to complete projects.					
Independently plans time for step-by-step completion of projects.					
Turns in long term projects/assignments on time.					
Feels confident of own ability to schedule and handle school assignments and chores.					

Organization:					
Independently turns completed homework in to teachers on time.					
Independently brings home or plans to obtain materials required to complete homework (textbooks, assignment sheets, art supplies, etc.)					
Reliably brings home announcements, etc. from school.					
Reliably returns completed forms, etc. to school.					
Keeps track of personal items at school.					
Independently locates personal items at home.					
Independently maintains orderly backpack and binder.					

Grad Requirements vs. College Prep

Los Gatos High School

Grad Requirements (220 Credits)		VS	College Prep	
(A) History/Social Sciences	• 3 years required		(A) History/Social Sciences	• 2 years required
(B) English	• 4 years required		(B) English	• 4 years required
(C) Mathematics	• 2 years required (including Alg. 1)		(C) Mathematics	• 3 years required (min. Alg. 2) • 4 years recommended
(D) Physical/Life Science	• 2 years required		(D) Laboratory Science	• 2 years required • 3 years recommended
(E) World Language / (F) Visual & Performing Arts	• 1 year of either required		(E) World Language	• 2 years required • 3 years recommended
Physical Education	• 2 years required		Physical Education & Applied Arts	• Not required
Applied Arts	• 1/2 year required		(F) Visual & Performing Arts	• 1 year required
Additional Credits	• 75 credits		(G) College Prep Electives	• 1 year required